



You should now feel better prepared for your operation. You will also know about any risks as well as the benefits



After the pre-op assessment you will be able to return home



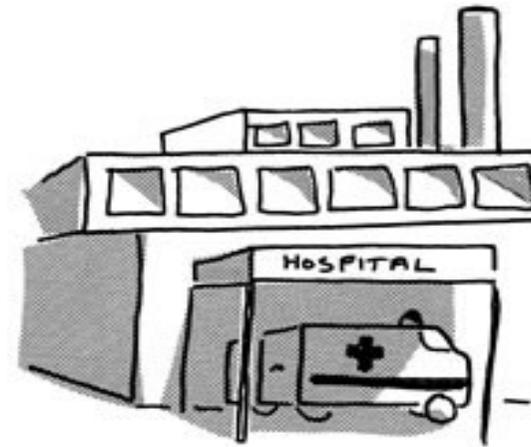
If all the checks are ok then the operation can go ahead



Ask the Learning Disabilities Nurse for other accessible health information

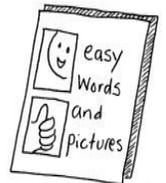
## Pre-Op Assessment

### Patient Information Leaflet



Prepared by: Sandie Morton-Nance  
Hospital Liaison Nurse Specialist - LD

Version 2.0 April 2011  
01245 516 596



Leaflet No: HLN 1.012

Review date: April 2012

Acknowledgements to The Royal Berkshire & St. George's Hospitals

Pictures from © CHANGE Picture Bank & Clip Art



Your Name:



It is important that you feel happy about the plan for admission; surgery; discharge and aftercare at home.



Your Doctor has advised you that you need an operation



Don't be afraid to ask questions about anything you or your Carers are unsure of



You will receive a letter from the hospital inviting you to attend an out patient appointment.

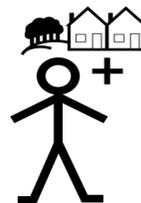
This is for a Pre-Op Assessment.



If you or your Carers need any help then you can contact the Learning Disabilities Nurse 01245 516 596



The Pre-Op Assessment is to help you and the Medical Team to prepare for the operation



Patient Advice & Liaison Service

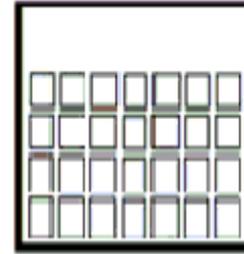
OR  
the Patient Advise & Liaison Service (PAL's)



01245 514 130



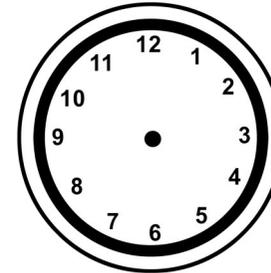
A Doctor will come in to discuss the operation with you. He may listen to your chest.



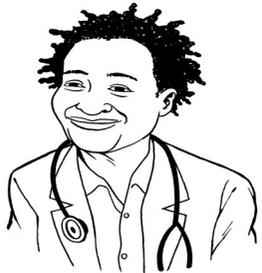
Your Pre-Op Assessment Date:



The Doctor will advise you if you need a special soap for washing and bathing for a few days before admission



The appointment time should be less than one hour



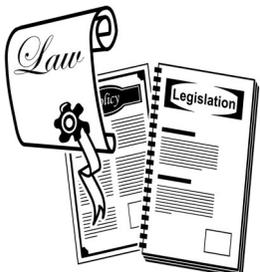
The Doctor will also talk to you about recovery and any after care.



When you arrive for your appointment the Receptionist will advise you where to go next.



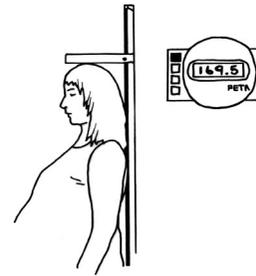
You may be asked to sign a consent form. It is okay if you need more time or support with this.



Show the Receptionist your Health Access Card & the hospital letter.



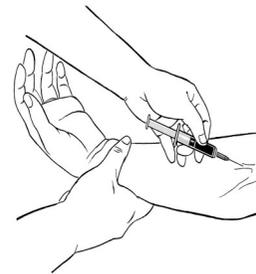
You will be asked to wait for a while until your name is called.



Measurements may be taken of your height and weight.



A Nurse will be told of your arrival and will call you into a clinic room. You will need some tests.



You may need a blood test.



You may be asked lots of health questions. The questions will help the Doctor decide if you are well enough for surgery.



You may even need a urine test.



You will need to have your blood pressure taken



You may be screened for any infection/germs usually from the nose and thigh. This only takes a few seconds