



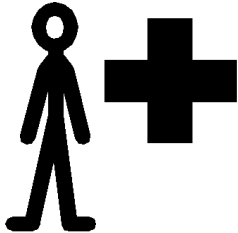
Help



If you do not understand anything you can ask for help from:



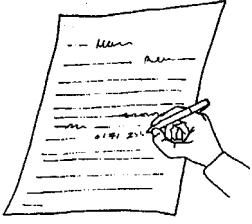
the doctor



the nurses



your social worker

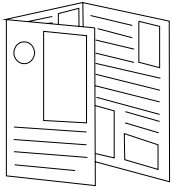


You can get help writing letters from:

- a member of your family
- a friend



- an advocate.
an advocate is someone who can speak for you. Ask your nurse how to get an advocate.



A copy of this letter will be given to your carer.



Your carer is.....



If you do not want your carer to have a copy of this letter you must tell your doctor or nurse.