

What to do after your anaesthetic or sedation



After your anaesthetic or sedation the drugs used can affect you for up to 24 hours.

They can make:



- you sleepy



- it difficult to concentrate



So for the next 24 hours, please **do not**:



- drive a car



- ride a motorbike or bicycle



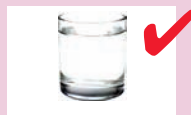
- lock any doors



- make important decisions like writing a cheque

For 24 hours after your anaesthetic or sedation

Please **do**:



drink lots of fluid



eat light food



Make sure you have an adult or carer with you for 24 hours after you go home



If you have any worries or problems please ring your GP

