

Your stay in hospital Making you better



Your name.....



Your doctor's name

.....

You have come to

.....

Date you came to hospital

.....

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

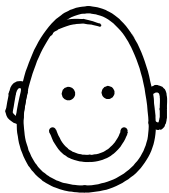
Why am I in hospital?



Your doctor says you are ill.

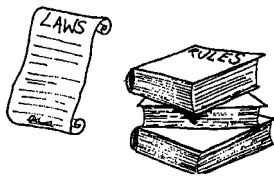


You may not feel ill.



The doctors want to make you feel better.

You will get help to make you feel better.



You can be kept in hospital because Section 3 of the Mental Health Act 1983 says so.

The Mental Health Act 1983 is a law. A law is like a rule.

How long will I be in hospital?

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

You can be kept in hospital for up to 6 months.



The doctor will say when you can leave hospital.



If you try to leave before the doctor says it is ok, you can be stopped.

If you leave hospital before the doctor says it is ok, you will be brought back.

What help will I get in hospital?



The doctors will give you treatment.



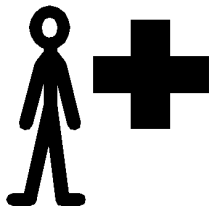
You may have to have tablets or medicine.

You will get help to make you better.

These are the people who will help you to get well:



- The doctor



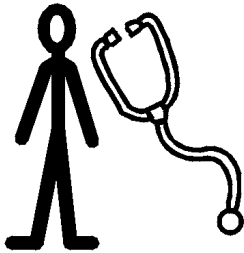
- the nurses

Other people may help you to get well.

What happens next?

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

You can be kept in hospital for up to 6 months. This can be renewed for a further 6 months and then yearly if necessary.



The doctor will decide if you still need to stay after 6 months.